



## **Bio-identical Hormone Health Collaborative Care Program**

Hormone Therapy is very individualized choice and can be very beneficial to help with aggravating symptoms. These symptoms include hot flashes, insomnia, weight gain, depression, and mood swings. Hawthorne Pharmacy understands the needs of patients seeking a perfect hormone balance. We want to help you through this process and provide the most up-to-date information on hormonal health. Our consultants have been trained in the field of Bio-Identical Hormone Replacement (BHRT) and receive annual ongoing education in this practice. They can work with your current prescribing health care provider to come up with a personalized plan for you.

In our program we require initial hormone testing and completion of an online or paper evaluation form before scheduling a consultation. These 2 important steps help the consultant determine an appropriate course and dosage of therapy. During the scheduled consultation the pharmacist or nurse practitioner will review your medical history, current medications, symptoms, and dietary/ lifestyle modifications to achieve the best results. After the consultation, the consultant will send a prescription recommendation to your current prescriber for approval. A licensed prescriber (ie. a medical physician, nurse practitioner, or physician assistant) can prescribe BHRT and will need to agree with the recommendation before any prescription medication is given.

The resolutions of symptoms depend upon how each patient's response to therapy. A medication or plan may need to be adjusted based on this response. Typically, a new recommendation cannot be justified until 6-8 weeks into a new therapy, for it takes that long for hormone levels to normalize. Additional testing; including thyroid, vitamin D, and/or other levels may be recommended.

Before having a consultation, please review the following policies and sign below acknowledging receipt.

Thank you for your attention, and we look forward to providing you the best in hormonal care.

Sincerely,

Wendy Lee, PharmD

**Hawthorne Pharmacy**  
**Bio-identical Hormone Health Collaborative Care Program**  
**Office Policies**

**HORMONE TESTING**

Hawthorne Pharmacy recommends saliva test of sex hormone levels due to the challenges that serum testing presents. We recommend a 2-Tube test for general testing. If you are interested in any additional tests that are not listed below there may be an additional fee.

**I-Matix- 2 Tube Saliva Test**

\$109 payable at the time of pick up

Tests the following: Estradiol, Estrone, Estriol, Progesterone, Testosterone, DHT, DHEA, Cortisol AM & PM, 17-OH Progesterone, Androstendione, Melatonin AM & PM

**OFFICE FEE SCHEDULE**

**New Patient Visits**

Initial BHRT Consultation (~ 1 hour)      \$125

**BHRT Follow-Up Visits**

15 Minute Visit (1-15 minutes)      \$30

30 Minute Visit (16-30 minutes)      \$60

45 Minutes Visit (31-45 minutes)      \$90

\*\* If your visit extends past your appointment time you will be billed accordingly.

**Appointment Cancellation Fee** (when less than a 24 hour notice is given)= \$25 for follow-up visits; \$50 for new patient visits

**Phone Consultations:**

Initial BHRT Clinical Consultations as well as follow-ups may be scheduled as a "phone consult" to accommodate those who may be out of town or unable to travel to our office. The pharmacy will bill the patient for any phone consults. Please be sure to allow our staff to answer your questions first before requesting to speak with the clinical pharmacist or nurse practitioner to avoid needless fees. If our staff is unable to help you, an office visit or phone consult may be scheduled.

We also require a credit card to keep on file for patients for any mailed prescription orders and for appointment cancellation fees. All fees are due at the time of service.

By signing below, you acknowledge that you have read this document and agree to abide by our office policies.

\_\_\_\_\_  
Patient's Name (please print)

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Date